

QUICK FACTS



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CREDITS

The 2005 Frostburg State University Women's Soccer Guide is a production of the FSU Sports Information Office. It was written and designed by Tandace Wilson and Chris Starke using QuarkXpress 4.1. Editorial assistance by Noah Becker and Brian Parker. Photography by Chris Riddle (actions) and Noah Becker (headshots). Cover design by Chris Riddle. Printing by Studio 20, Frederick, MD.

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Frostburg, Md. 21532-1099

GENERAL INFORMATION

LocationFrostburg, Md. 21532-1099
Founded1898
Enrollment5,200
NicknameBobcats
ColorsRed, Black & White
PresidentDr. Catherine R. Gira
Web Sitewww.frostburg.edu

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WOMEN'S SOCCER INFORMATION

Head CoachBrian Parker (Frostburg State '92)
Record at Frostburg State/Yrs.40-16-7/Three
Career Record/Yrs.40-16-7/Three
Assistant CoachesCara LeMaster (Eastern Illinois '02) & Sarah Daw (IUP '05)
Women's Soccer Office Phone(301) 687-4356
Women's Soccer E-mail Addressbparker@frostburg.edu
First Season of Women's Soccer1994
All-Time Record/Yrs.135-69-10/11
Number Post-Season App./Yrs.4/2001, 2002, 2003 & 2004
Last Post-Season App.2004 NCAA Tournament - Second Round
ResultTied Westminster, 1-1 (FSU advanced 5-3 in penalty kicks),
.....Lost to Christopher Newport, 2-1

MISSION STATEMENT

The Frostburg State University Athletic Department endeavors to contribute to the total education of each individual student by providing a disciplined teaching/learning experience outside the classroom. The athletic program strives to provide an environment of healthy competition to assist in the development of well-rounded responsible citizens. The athletic experience seeks to foster the personal qualities of high ethical values, a competitive spirit, winning as part of a team, excelling individually, cooperation, self-discipline and self-esteem. Student-athletes may develop their athletic interest and potential through a variety of intercollegiate sports. They, along with other students, may continue to develop athletic interests through a variety of intramural or club sport activities, all of which are supported through the University budget.



Brian Parker
Head Coach

Brian Parker begins his fourth season as head coach of the Frostburg State University women's soccer program. The 1992 FSU graduate is the winningest Bobcat women's soccer coach with a 40-16-7 record in his three seasons. FSU has won the Allegheny Mountain Collegiate Conference championship and advanced to the NCAA Tournament in all three of his years at the helm.

Last season, Parker earned his second consecutive AMCC Coach of the Year award after guiding the Bobcats to a 14-3-3 overall record (the .775 winning percentage is the best in program history) and an 8-1 mark in the AMCC. FSU hosted the AMCC Tournament for the second straight year, blanking Pitt-Greensburg 2-0 in the semifinals before edging Penn State Behrend 3-2 in double overtime to win the title.

For the second consecutive year, the Bobcats squared off with Westminster in the opening round of the NCAA Tournament, where the teams battled through two overtimes before the Bobcats pulled out the win with a 5-3 victory in penalty kicks. The Bobcats then dropped a hard-fought 2-1 decision to No. 24 Christopher Newport in the second round.

In his second campaign, Parker was named the AMCC Coach of the Year after leading the Bobcats to a 16-5 overall record (the second-most wins in team history behind the 2001 squad's 17-5 mark) and a perfect 6-0 finish in the AMCC (their first undefeated record in the conference's seven-year existence).

The Bobcats, who set a school record with 12 straight wins, captured their first AMCC regular-season title and hosted the conference tournament for the first time as well. FSU defeated Penn State Behrend 4-2 in the final to win its third straight AMCC crown and earned a third consecutive berth in the NCAA Division III Tournament.

The Bobcats were chosen to host an NCAA match for the first time in school history and made the most of the opportunity, defeating Westminster 3-2 for their first NCAA Tournament victory in three tries. FSU turned in another strong performance in the region semifinals but were edged by No. 2 Scranton 1-0.

In his debut season, Parker guided the Bobcats to a 10-8-4 record and the No. 3 seed in the AMCC Tournament. In the semifinals, FSU slipped past No. 3 Pitt-Greensburg 2-1 in overtime and then upset No. 1 La Roche, 3-1 in a shootout, to capture the conference title. The Bobcats earned an at-large bid to the NCAA Tournament, where they fell to Westminster 4-1 in the first round.

Prior to returning to western Maryland, Parker served as head girls soccer coach at Urbana High School in Frederick County, Md., since the school's opening in 1995. He guided the Hawks to an impressive 62-36-6 record and a pair of regional championships during his tenure.

In just his second season at Urbana, Parker was named the Frederick County Coach of the Year after leading a team of freshmen and sophomores to the school's first-ever regional championship crown. The Hawks, who posted winning records in six of Parker's seven years, earned their second regional title in 2001.

Parker is no stranger to FSU, as he was a goalkeeper for the Bobcats from 1987-89. He was a member of two Eastern College Athletic Conference Tournament qualifiers, including the 1989 squad that won the ECAC South Region Championship.

Parker then coached the FSU women's soccer team as a club sport from 1990-1992 and received his degree in social sciences with a teaching certification from FSU in 1992. He moved on to West Virginia University where he serve as a graduate assistant for the Mountaineer men's team for two years while earning a master's in political science.

Parker, who has a USSF "B" coaching license as well as an Advanced National Diploma from the NSCAA, is on the Maryland Olympic Development Program Staff and recently led the Maryland 1990 Girls team to the Region I Tournament championship. They will compete for the ODP national championship in Texas in March 2006.

Parker was also a founder and staff coach with the Frederick United Soccer Club (now FC Frederick) until his return to FSU. He and his wife, Karen, a 1993 FSU graduate and native of Frostburg, have two children — Elise (4) and Matthew (2).

COACHING STAFF



Cara LeMaster
Assistant Coach

Cara LeMaster enters her second season as a graduate assistant coach with the Frostburg State women's soccer program.

She joined the Bobcats after enjoying a stellar playing career at Division I Eastern Illinois University from 1999 to 2002, where she helped the Panthers to a 52-27-3 overall record and an 18-2-1 mark in the Ohio Valley Conference. EIU won three OVC Tournament titles and two OVC regular-season crowns and earned back-to-back berths in the NCAA Tournament in 2001 and 2002.

LeMaster earned numerous honors throughout her playing career. In her collegiate debut season, she garnered OVC Freshman of the Year, first-team All-OVC and Great Lakes Region All-Freshman Team honors, and she repeated on the All-OVC first team as a sophomore.

As a junior, LeMaster was named to the All-OVC second team as well as the OVC All-Tournament Team. As a senior, LeMaster set career-highs with nine goals and 25 points and earned first-team All-OVC, OVC All-Tournament Team and third-team All-Great Lakes Region honors for her performance.

LeMaster, who is the first Panther to be named All-OVC four times, currently ranks fourth on the EIU career charts in goals (22), game-winning goals (6), assists (22) and points (66).

LeMaster recently completed her NSCAA national diploma and is a member of the Maryland DDP coaching staff. A native of Collinsville, Ill., she earned her bachelor's degree in physical education from Eastern Illinois in 2003 and is pursuing her master's degree in education at Frostburg State.



Sarah Daw
Assistant Coach

Sarah Daw joins the Frostburg State women's soccer staff as the team's goalkeeper coach after a standout career at Division II Indiana University of Pennsylvania.

Daw, who has spent the last two summers on the coaching staff of Tony DiCicco's SoccerPlus Goalkeeper Camp, played four years at IUP.

As a senior, she earned first-team All-Pennsylvania State Athletic Conference honors after posting a 0.87 goals against average (the third-lowest mark in school history) and leading the Indians to a 19-4 finish as well as their first PSAC title since 1995. IUP set a school record for wins in a season, earned its first-ever bid to the NCAA Tournament and finished 21st in the final NSCAA/adidas Division II national rankings.

Daw finished her career with a school-record 360 saves, and her 0.95 goals against average ranks second all-time at IUP.

Daw, who is from New Freedom, Pa., and Susquehannock High School, earned her bachelor's degree in sports administration and a minor in business from IUP in May. She is pursuing a master's degree in business administration from Frostburg State.

FSU ALL-TIME COACHING RECORDS

Head Coach	Years	W-L-T
Ray Kiddy	1994-1996	31-19-3
Courtney McClelland	1997-1998	25-12-0
Carrie Lysik	1999-2001	39-22-0
Brian Parker	2002-present	40-16-7
Totals	11 seasons	136-69-10

BOBCATS LOOKING FOR FIFTH STRAIGHT AMCC TITLE, NCAA TOURNEY BID

Despite losing seven seniors from last season, including all-time leading scorer Karen Kotofski, Frostburg State's women's soccer team shows no sign of slowing down. The Bobcats hope to make this season their fifth straight as Allegheny Mountain Collegiate Conference champions. Last season, FSU advanced to the second round of the NCAA Tournament for the second time in school history, and the team has similar expectations this fall.

"We're going to be fine," said fourth-year head coach Brian Parker. "The lack of depth that we have this year is my only concern."

FSU ended the 2004 season ranked 86th out of 392 Division III schools according to soccerratings.com and was ninth in the NSCAA Great Lakes Regional Poll.

The top returner this year is junior forward **Danielle Carter** (Rockville, Md./Rockville). Carter enjoyed a successful sophomore season having finished second on the team with 19 goals and 45 points and earning a slot on the All-AMCC first team. She etched her name in the FSU record books by netting three hat-tricks last season and breaking the single-season school record with seven multi-goal scoring games. Carter's speed and footwork will help her get through opponents and take her to the net.

"Carter is going to be even better this year," says Parker. "She is smarter and stronger and can score in a variety of ways."

Vying for time at the forward position will be senior **Shera Rowan** (Frostburg, Md./Bishop Walsh) and junior **Lindsay Hoffman** (Frederick, Md./Thomas Johnson).

Rowan will be a significant contributor to the team again in 2005. She saw action in 16 games last year and had four goals and an assist.

Hoffman, who played the last two years at Division I East Tennessee State University, will add speed and energy to the Bobcat roster. At ETSU, she scored three goals and added one assist as a freshman and appeared in 13 games with one start as a sophomore.

"Lindsay will have an immediate impact," said Parker. "We're happy she's decided to continue her playing career here at FSU."

In the midfield position, there is a lot of talent battling to play. Senior **Jodie Gittleson** (Rockville, Md./Wootton) returns after starting in every game last season. She added 11 goals and 25 points to place third on the team. Gittleson was named to the All-AMCC first team.

Sophomore **Jen Naylor** (Riva, Md./St. Mary's) started all but one game last season and earned second-team All-AMCC honors after netting three goals and adding an assist. She will contribute significantly to the Bobcat midfield again this year.

Also returning to the midfield is senior **Micaela Karinshak** (Leesburg, Va./Loudoun County). She saw action in 12 games a year ago, scoring two goals and adding three assists.

Sophomore **Anita Wickerham** (Morgantown, Pa./Twin Valley) moves to the midfield after playing 11 games as a defender last season. She netted a goal and added an assist in her debut season.

Freshman **Ali Keeney** (Smithsburg, Md./Middletown) will also look to contribute minutes in the midfield.



Seniors Jodie Gittleson, Beth Hlebasko, Shera Rowan, Micaela Karinshak and Teri Galt look to lead Frostburg State to its fifth straight AMCC title and fifth consecutive NCAA Tournament appearance this season.

Parker will look to seniors **Beth Hlebasko** (New Market, Md./Linganore) and **Teri Galt** (Silver Spring, Md./Good Counsel) to again anchor the Bobcat defense. Hlebasko earned first-team All-AMCC honors and Galt earned second teams honors after FSU allowed just 17 goals, posted a league-leading 0.67 goals against average and tied a school record with 10 shutouts.

Hlebasko started every game last year and tied for the team lead with 12 assists while finding the net twice. She enters her final season tied for first on the all-time FSU chart with 26 career assists.

Galt started in 16 of the 19 games in which she appeared a year ago and recorded one assist.

Sophomore **Sarah Huber** (Walkersville, Md./Walkersville) and freshmen **Jackie Donovan** (Holidaysburg, Md./Holidaysburg Area), **Tori Walter** (Frederick, Md./Frederick), **Stephanie Pereira** (Montgomery Village, Md./Watkins Mill) and **Tricia Richardson** (Gibson Island, Md./St. Mary's) add depth and will all be competing to see some time in the backfield.

Sophomore **Molly Whyte** (Basking Ridge, N.J./Ridge) moves into the starting goalkeeper role after the graduation of Kelly Jones, who went 10-3-2 with a 0.83 goals against average and four shutouts last season. As a freshman, Whyte went 1-0-1 with nine saves and no goals allowed in 110 minutes of action.

The Bobcats are once again the preseason favorites to win the AMCC championship according to a vote among the league's coaches. FSU will be challenged by Penn State Behrend and Pitt-Greensburg, who were picked to finish second and third, respectively.

To prepare his squad for another league title defense, Parker has scheduled another tough non-conference slate that includes regional powers Allegheny (Pa.), Carnegie Mellon and Johns Hopkins. Last year, FSU tied both Allegheny (0-0) and Johns Hopkins (2-2) and fell to Carnegie Mellon (2-0).

"This is probably the toughest overall schedule we've played here at FSU," said Parker. "Every stage of the season should prepare you for the next one, so I think we'll be ready in November for another run at the conference title."



2005 FROSTBURG STATE WOMEN'S SOCCER ROSTER

No.	Name	Pos.	Yr.	Hometown/High School (Prev. College)
0	Molly Whyte	G	So.	Basking Ridge, N.J./Ridge
3	Danielle Carter	F	Jr.	Rockville, Md./Rockville
5	Jodie Gittleson	M	Sr.	Rockville, Md./Wootton
6	Tori Walter	D	Fr.	Frederick, Md./Frederick
7	Micaela Karinshak	M	Sr.	Leesburg, Va./Loudoun County
8	Shera Rowan	F	Sr.	Frostburg, Md./Bishop Walsh
9	Beth Hlebasko	D	Sr.	New Market, Md./Linganore
10	Jen Naylor	M	So.	Riva, Md./St. Mary's
12	Sarah Huber	D	So.	Walkersville, Md./Walkersville
14	Ali Keeney	M	Fr.	Smithsburg, Md./Middletown
16	Jackie Donovan	D	Fr.	Holidaysburg, Pa./Holidaysburg Area
17	Lindsay Hoffman	F	Jr.	Frederick, Md./Thomas Johnson (ETSU)
19	Anita Wickerham	D	So.	Morgantown, Pa./Twin Valley
21	Stephanie Pereira	D	Fr.	Montgomery Village, Md./Watkins Mill
23	Tricia Richardson	D	Fr.	Gibson Island, Md./St. Mary's
26	Teri Galt	D	Sr.	Silver Spring, Md./Good Counsel

Head Coach: Brian Parker (Frostburg State '92), Fourth Season

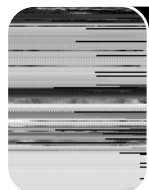
Assistant Coaches: Cara LeMaster (Eastern Illinois '04), Second Season & Sarah Daw (Indiana, Pa. '05), First Season

PLAYER PROFILES



Danielle Carter
Jr. • F
Rockville, Md.
Rockville

2004: First-team All-AMCC selection ... Two-time AMCC Player of the Week ... FSU Co-Offensive MVP ... One of five Bobcats to start all 20 games ... Scored 19 goals and added seven assists to finish second on the team with 45 points ... Set a single-season school record with seven multi-goal scoring games and tied the school mark with three hat tricks ... Tied for second on the team with three game-winners ... 2003: Earned All-AMCC Newcomer of the Year and second-team All-AMCC honors ... Two-time AMCC Player of the Week ... Saw action in 17 games, starting 16 ... Finished second on the team with 15 goals and 31 points ... Had one hat-trick and five two-goal games ... **Prior to FSU:** Lettered in soccer and basketball at Rockville ... Soccer Team MVP as a junior and senior ... Basketball Team MVP as a junior ... Played for the Bethesda Liverpool Soccer Club and coach Jim Bruno ... **Personal:** Born March 1, 1985 ... Daughter of Karen Carter ... Majoring in health and physical education.



Jackie Donovan
Fr. • D
Hollidaysburg, Pa.
Hollidaysburg Area

Prior to FSU: Earned seven varsity letters — four in soccer and three in track — at Hollidaysburg Area ... Two-time all-star soccer selection ... Played for the Keystone Club Team and coach Dave Alexander ... Four-year Honor Roll member ... National Junior Honor Society ... **Personal:** Born March 24, 1987 ... Daughter of Michael and Julie Donovan ... Undecided on a major.



Teri Galt
Sr. • D
Silver Spring, Md.
Good Counsel

2004: Second-team All-AMCC selection ... Started 16 of the 19 games in which she played ... Helped FSU post a school-record 0.67 goals against average and tie the school mark with 10 shutouts ... 2003: Earned second-team All-AMCC honors ... Started 19 games of the 20 games in which she appeared ... Helped FSU post a solid 1.32 GAA ... 2002: Started all 22 games ... Named to the All-AMCC honorable mention squad ... Part of a Bobcat defense that allowed an AMCC-low 1.37 goals per game ... **Prior to FSU:** Earned three varsity letters in soccer at Good Counsel ... Honorable mention All-WCAC as a senior ... Played with the Calverton Phillies Soccer Club ... **Personal:** Born June 13, 1984 ... Daughter of Dwight and Jan Galt ... Majoring in early childhood/elementary education.

DRIVE FOR FIVE

Frostburg State is seeking to become the first school in

Allegheny Mountain Collegiate Conference history

to win five straight conference titles in any sport.



Jodie Gittleston
Sr. • M
Rockville, Md.
Wooton

2004: Earned first-team All-AMCC honors ... One of five Bobcats to start all 20 games ... Ranked third on the team with 11 goals and 25 points ... Tied for fifth with three assists ... Netted three game-winners ... 2003: Second-team All-AMCC selection ... Started 17 of the 18 games in which she played ... Scored two goals on the year ... 2002: Started all 20 games in which she played ... Named All-AMCC honorable mention after scoring three goals ... Finished fourth on the team in goals and sixth in points (6) ... Scored the game-winner in a 1-0 upset of regionally ranked Carnegie Mellon ... **Prior to FSU:** Earned eight varsity letters — four in both soccer and basketball — at Wooton ... Played with the Seneca Storm Soccer Club and coach Henry Danver ... **Personal:** Born April 11, 1984 ... Daughter of Gary and Debbie Gittleston ... Majoring in early childhood/elementary education.



Beth Hlebasko
Sr. • D
New Market, Md.
Linganore

Enters her final season tied for the school record with 26 assists ... 2004: First-team All-AMCC selection ... One of five Bobcats to start all 20 games ... Tied for the team lead with 12 assists ... Added two goals and ranked fifth on the squad with 15 points ... Named the team's Defensive Most Valuable Player ... Helped FSU post a school-record 0.67 goals against average and tie the school mark of 10 shutouts ... 2003: Named to the All-AMCC first-team ... One of four Bobcats to start all 21 games ... Led the team with 13 assists (one shy of the school record) ... Had a career-high three assists against W&J ... 2002: Started all 22 games ... Named to the All-AMCC second team ... Had two goals and one assist for five points ... Part of a Bobcat defense that allowed an AMCC-low 1.37 goals a game ... Scored her first career goal in her first career game in a 1-1 tie against Mount Union ... **Prior to FSU:** Earned four varsity letters in soccer at Linganore ... First-team all-conference, first-team all-area and honorable mention all-state in both her junior and senior seasons ... First-team all-area and second-team all-conference as a sophomore ... Played for the Frederick United Soccer Club Express and coach David Jones ... **Personal:** Born February 21, 1984 ... Daughter of George and Linda Hlebasko ... Majoring in early childhood/elementary education.



BETH HLEBASKO

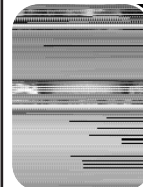


PLAYER PROFILES



Lindsay Hoffman
Jr. • F
Frederick, Md.
Thomas Johnson/ETSU

Highly touted transfer from Division I East Tennessee State ... **Prior to FSU:** Played two years at ETSU ... Played in all 18 games, starting seven, as a freshman ... Scored three goals and added one assist ... Appeared in 13 games with one start as a sophomore ... Two-year letterwinner at Thomas Johnson ... First-team All-Central Maryland Conference and Frederick News-Post first-team All-Mid Maryland selection as a senior ... Second-team All-CMC and All-Mid Maryland selection as a junior ... Helped lead TJ to the Class 4A State Championship as a junior as well as the Class 4A regional finals as a senior ... Played for the Frederick United Sting club team that earned a top-10 ranking in two major polls ... Sting won the 2002 state championship and was a Region I finalist ... Maryland Olympic Development Program (ODP) participant for three years ... **Personal:** Born on August 5, 1985 ... Daughter of Howard and Carol Hoffman ... Majoring in mass communications.



Sarah Huber
So. • M
Walkersville, Md.
Walkersville

2004: Played in 10 games ... Did not record any points ... **Prior to FSU:** Earned four varsity letters — two in soccer and one each in indoor and outdoor track — at Walkersville ... Earned Soccer and Track Scholar-Athlete Awards all four years ... Played for the Frederick United Soccer Club Express ... **Personal:** Born July 16, 1986 ... Daughter of Lawrence and Lynda Huber ... Majoring in early childhood/elementary education.



Micaela Karinshak
Sr. • M
Leesburg, Va.
Loudoun County

2004: Played in 14 games, starting one ... Scored two goals and added three assists ... 2003: Played in 17 games, starting two ... Recorded one assist ... 2002: Played in 11 games ... Scored one goal and added one assist ... **Prior to FSU:** Earned six varsity letters — four in soccer and two in volleyball — at Loudoun County ... Helped the Raiders to state soccer tournament berths as a sophomore and junior ... Played for the Loudoun Wildwings Soccer Club and coach K.C. Eisenberg ... **Personal:** Born August 9, 1984 ... Daughter of Michael and Sandra Karinshak ... Majoring in social sciences with a minor in women's studies.



All Keeney
Fr. • M
Smithsburg, Md.
Middletown

Prior to FSU: Lettered in soccer and softball at Middletown ... Named all-area in soccer as a senior ... Four-year Honor Roll member ... **Personal:** Born June 8, 1987 ... Daughter of Richard and Theresa Keeney ... Undecided on a major.



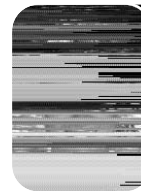
Jen Naylor
So. • F
Riva, Md.
St. Mary's

2004: Earned second-team All-AMCC honors ... Played in all 20 games, starting 19 ... Scored three goals and added one assist to finish with seven points ... **Prior to FSU:** Lettered in soccer at St. Mary's ... As a senior earned All-Met honorable mention and all-county first team honors, served as team captain and was named the Team's Unsung Hero ... Helped lead St. Mary's to three IAAM championships ... Played club ball with the BSU Vipers and coach Bob Dieterle ... **Personal:** Born July 9, 1986 ... Daughter of John and Laura Naylor ... Undecided on a major.



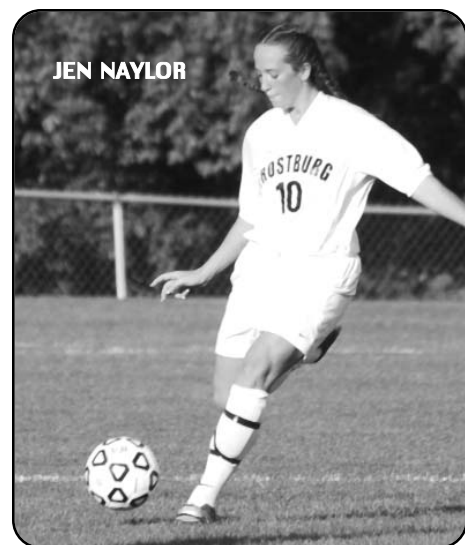
Stephanie Pereira
Fr. • D
Montgomery Village, Md.
Watkins Mill

Prior to FSU: Lettered in field hockey and soccer at Watkins Mill ... Four-year Honor Roll member ... Played club soccer with the Potomac Riptide and coach Gregg Hanowell (a Frostburg State alumnus) ... **Personal:** Born January 21, 1987 ... Daughter of Gonzalo and Reina Pereira ... Majoring in political science.



Tricia Richardson
Fr. • D
Gibson Island, Md.
St. Mary's

Prior to FSU: Earned three varsity letters in soccer at St. Mary's ... Team captain as a senior ... **Personal:** Born August 28, 1987 ... Daughter of John and Pattie Richardson ... Majoring in physical therapy.



JEN NAYLOR

PLAYER PROFILES



Shera Rowan
Sr. • F
Frostburg, Md.
Bishop Walsh

2004: Played in 16 games ... Tied for sixth with nine points ... Scored a career-high four goals and added one assist on the season ... 2003: Played in 15 games, starting once ... Scored three goals and recorded two assists ... 2002: Played in 14 games, starting once ... Scored one goal and added two assists ... Netted the only goal in FSU's 1-0 victory over Bethany (W.Va.) ... **Prior to FSU:** Earned 11 varsity letters — four in both soccer and softball and three in basketball — at Bishop Walsh ... Three-time Area Soccer Player of the Year ... Three-time area and city scoring champion and team MVP ... Four-time first-team All-Area and All-City selection ... Three-time team co-captain ... Earned numerous basketball and softball honors as well ... Member of National Honor Society and Art Honor Society ... Vice President of Spanish Honor Society ... **Personal:** Born May 3, 1984 ... Daughter of Tim and Carla Rowan ... Majoring in political science.



SHERA ROWAN



Tori Walter
Fr. • D
Frederick, Md.
Frederick

Prior to FSU: Lettered in soccer at Frederick ... Four-year Honor Roll member ... Honorable mention all-county as a junior and second-team all-county as a senior ... Played club ball for Frederick Soccer Club and coach Doug Kuhns ... **Personal:** Born November 17, 1987 ... Daughter of Gregory and Jean Walter ... Undecided on a major.



Molly Whyte
So. • G
Basking Ridge, N.J.
Ridge

2004: Played in two games, starting one ... Went 1-0-1 with a 0.00 goals against average in 110 minutes ... Stopped all nine shots she faced ... Made five saves over the second half and two overtimes in a 1-1 tie against regionally ranked Johns Hopkins ... **Prior to FSU:** Earned four varsity letters in soccer at Ridge ... All-county and all-area selection all four years ... Team captain as a senior ... Guided Ridge to a perfect season and the New Jersey Group Three state championship while posting a school-record 18 shutouts as a senior ... Holds state and school records for shutouts in a career (65) as well ... **Personal:** Born October 19, 1985 ... Daughter of Hugh and Valerie Whyte ... Majoring in secondary education.



Anita Wickerham
So. • D
Morgantown, Pa.
Twin Valley

2004: Played in 11 games ... Scored one goal and added an assist to finish with three points ... **Prior to FSU:** Earned two varsity letters in soccer at Twin Valley ... Team captain as a senior ... **Personal:** Born October 9, 1985 ... Daughter of Robert and Rosemary Wickerham ... Majoring in business.

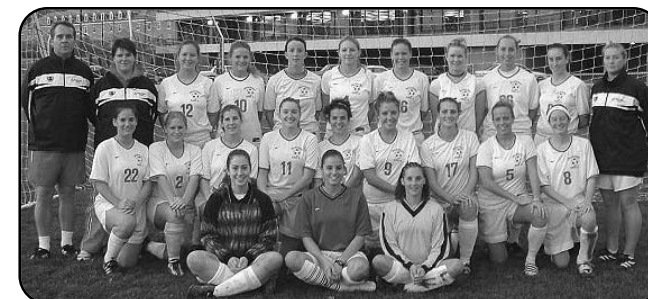


AMCC CHAMPIONS



2001
17-5-0
AMCC Tournament Champions
NCAA First Round

2002
10-8-4
AMCC Tournament Champions
NCAA First Round



2003
16-5-0
AMCC Regular-Season Champions
AMCC Tournament Champions
NCAA Second Round

2004
14-3-3
AMCC Regular-Season Champions
AMCC Tournament Champions
NCAA Second Round



2004 RESULTS/STATISTICS

2004 FROSTBURG STATE UNIVERSITY WOMEN'S SOCCER RESULTS

14-3-3 OVERALL, 8-1 AMCC

AMCC REGULAR-SEASON CHAMPIONS • AMCC TOURNAMENT CHAMPIONS
NCAA TOURNAMENT PARTICIPANTS

Date	Opponent	Result	Date	Opponent	Result
Sept. 1	GROVE CITY	W/2-1	Oct. 25	LA ROCHE *	W/4-0
Sept. 8	at Johns Hopkins	T/2-2 (2ot)	Oct. 27	at Villa Julie	W/3-1
Sept. 11	BETHANY (WV) !	W/12-0	Nov. 4	PITT-GREENSBURG ^	W/2-0
Sept. 12	EASTERN Mennonite !	W/3-1	Nov. 6	PENN STATE BEHREND ^^	W/3-2 (2ot)
Sept. 18	at Allegheny	T/0-0 (2ot)	Nov. 10	at Westminster #	T/1-1
Sept. 21	at Carnegie Mellon	L/0-2	(FSU wins 5-3 in penalty kicks)		
Sept. 26	at Pitt-Bradford *	W/11-0	Nov. 13	at Christopher Newport ##	L/1-2
Sept. 29	at Mount Aloysius *	W/9-0			
Oct. 2	MEDAILLE *	W/5-1			
Oct. 6	PITT-GREENSBURG *	L/0-1		* AMCC Opponents	
Oct. 9	at Hilbert *	W/7-0		! FSU 10-Year Anniversary Invitational	
Oct. 12	at Penn State Altoona *	W/5-0		^ AMCC Semifinals	
Oct. 16	PENN STATE BEHREND *	W/2-0		^^ AMCC Championship	
Oct. 23	at Lake Erie *	W/5-0		# NCAA Tournament - First Round	
				## NCAA Tournament - Region Semifinals	

2004 FROSTBURG STATE UNIVERSITY WOMEN'S SOCCER STATISTICS

Player	GP-GS	G	A	PTS	SH	GW	PK-ATT
Karen Kotofski	20-19	21	12	54	105	4	2-2
Danielle Carter	20-20	19	7	45	87	3	0-0
Jodie Gittleston	20-20	11	3	25	59	3	0-0
Erin Carraghan	20-19	7	6	20	37	1	0-0
Beth Hlebasko	20-20	2	12	16	15	0	0-0
Shera Rowan	16-0	4	1	9	19	0	0-0
Becky Rambo	19-17	3	3	9	26	2	0-0
Jen Naylor	20-19	3	1	7	43	0	0-0
Micaela Karinshak	14-1	2	3	7	12	0	0-0
Aimee Sprague	17-7	3	0	6	19	0	0-0
Alyse Reed	18-1	1	1	3	14	0	0-0
Anita Wickerham	11-0	1	1	3	3	0	0-0
Teri Galt	19-16	0	1	1	3	0	0-0
Laurie Reinhold	20-20	0	0	0	2	0	0-0
Lynnea Finch	20-20	0	0	0	0	0	0-0
Sara Huber	10-0	0	0	0	0	0	0-0
Clair Duhigg	5-0	0	0	0	0	0	0-0
Totals	20	77	51	205	444	13	2-2
Opponents	20	14	12	40	153	3	0-0

Goalie	GP-GS	MIN	GA	AVG	SV	SV%	W-L-T	SHO
Molly Whyte	2-1	110:00	0	0.00	9	1.000	1-0-1	0
Meredith Remus	9-3	471:24	2	0.38	13	.867	3-0-0	2
Kelly Jones	17-16	1,295:17	12	0.83	57	.826	10-3-2	4
Team		0:00	0	0.00	0	.000	0-0-0	2
Totals	20	1,876:41	14	0.67	79	.849	14-3-3	10
Opponents	20	1,876:41	77	3.69	157	.671	3-14-3	3

Goals by Period	1st	2nd	1OT	2OT	3OT	Total
Frostburg State	45	31	0	1	0	77
Opponents	8	6	0	0	0	14



AMCC INFORMATION

2004 ALL-AMCC WOMEN'S SOCCER TEAM

First Team

Karen Kotofski	F	Sr.	Frostburg State
Jen McIntosh	F	Jr.	Pitt-Greensburg
Danielle Carter	F	So.	Frostburg State
Nichole Costantini	M	Sr.	La Roche
Jessica Philippi	M	Jr.	Pitt-Greensburg
Jodie Gittleston	M	Jr.	Frostburg State
Lauren Lonsdale	M	So.	Penn State Altoona
Stephanie Bowen	D	Jr.	Penn State Behrend
Beth Hlebasko	D	Jr.	Frostburg State
Stephanie Parzyck	D	Jr.	Pitt-Greensburg
Ashley Chehovits	G	Jr.	La Roche

Second Team

Holly Greiner	F	Jr.	Penn State Behrend
Kerri Clarkson	F	So.	Medaille
Nicole Booth	F	Fr.	La Roche
Jessica Macri	M	Sr.	Hilbert
Michelle Newland	M	Jr.	Penn State Behrend
Erin Carraghan	M	Jr.	Frostburg State
Jen Naylor	M	Fr.	Frostburg State
Teri Galt	D	Jr.	Frostburg State
Melanie Roczek	D	Jr.	La Roche
Amanda Freiwald	D	Jr.	Penn State Altoona
Kelly Jones	G	Sr.	Frostburg State

Honorable Mention

Heather Crawford	F	Jr.	Penn State Behrend
Amanda Kotvas	F	Fr.	Pitt-Greensburg
Kim Verghies	F	Fr.	La Roche
Kacie Burns	M	Jr.	Penn State Behrend
Keri Cameron	M	Jr.	Lake Erie
Kara Strusi	M	So.	Penn State Behrend
Candice Jenkins	M	Fr.	La Roche
Samantha Pople	D	Jr.	Pitt-Bradford
Laura Heckman	D	Jr.	Pitt-Greensburg
Tiffany Azzarito	D	Fr.	Medaille
Dana Huether	G	Fr.	Pitt-Greensburg

Newcomer of the Year

Nicole Booth	La Roche
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Player of the Year

Karen Kotofski	Frostburg State
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Coach of the Year

Brian Parker	Frostburg State
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AMCC WOMEN'S SOCCER PAST CHAMPIONS

2004	Frostburg State University
2003	Frostburg State University
2002	Frostburg State University
2001	Frostburg State University
2000	Penn State Behrend
1999	Penn State Behrend
1998	Penn State Behrend
1997	Penn State Behrend

2004 ALLEGHENY MOUNTAIN COLLEGIATE CONFERENCE FINAL STANDINGS

Team	AMCC	Overall
Frostburg State	8-1-0	14-3-3
Penn State Behrend	8-1-0	14-6-1
La Roche	7-2-0	14-5-0
Pitt-Greensburg	7-2-0	13-7-0
Penn State Altoona	5-4-0	9-12-0
Medaille	3-5-1	7-11-1
Hilbert	3-6-0	6-9-1
Lake Erie	2-6-1	4-14-1
Pitt-Bradford	1-8-0	1-13-1
Mt. Aloysius	0-9-0	1-15-0

2004 AMCC WOMEN'S SOCCER TOURNAMENT

Quarterfinals

#3 La Roche 2, #6 Medaille 0
#4 Pitt-Greensburg 2, #5 PS-Altoona 1

Semifinals

#2 Penn State Behrend 3, #3 La Roche 0
#1 Frostburg State 2, #4 Pitt-Greensburg 0

Final

#1 Frostburg State 3, #2 Penn State Behrend 2 (2ot)

2004 AMCC WOMEN'S SOCCER LEADERS

POINTS	G-A-Pts
1. Karen Kotofski (FSU)	21-11-53
2T. Jen McIntosh (UPG)	17-11-45
Danielle Carter (FSU)	19-7-45
4. Nicole Booth (LAR)	12-11-35
5. Lauren Lonsdale (PSA)	14-4-32
GOALS	
1. Karen Kotofski (FSU)	21
2. Danielle Carter (FSU)	19
3. Jen McIntosh (UPG)	17
4T. Lauren Lonsdale (PSA)	14
Amanda Kotvas (UPG)	14
ASSISTS	
1. Jess Philippi (UPG)	14
2. Beth Hlebasko (FSU)	12
3T. Nicole Booth (LAR)	11
Jen McIntosh (UPG)	11
Karen Kotofski (FSU)	11

GOALS AGAINST AVERAGE

1. Kelly Jones (FSU)	0.81
2. Ashley Chehovits (LAR)	0.83
3. Colleen Applebaugh (PSB)	0.89
4. Dana Huether (UPG)	1.16
5. Jackie Seifert (HIL)	1.95
SAVE PERCENTAGE	
1. Ashley Chehovits (LAR)	.879
2. Kelly Jones (FSU)	.831
3. Dana Huether (UPG)	.814
4. Colleen Applebaugh (PSB)	.755
5. Lindsey Kennedy (MED)	.752

YEAR-BY-YEAR RECORDS

Year	Overall	AMCC	Coach
1994	9-7-1	n/a	Ray Kiddy
1995	10-7-1	n/a	Ray Kiddy
1996	12-5-1	n/a	Ray Kiddy
1997	14-6-0	4-1	Courtney McClelland
1998	11-6-0	3-2	Courtney McClelland
1999	11-10-0	2-2	Carrie Lysik
2000	11-7-0	3-2	Carrie Lysik
2001	17-5-0	5-1	Carrie Lysik
2002	10-8-4	4-2	Brian Parker
2003	16-5-0	6-0	Brian Parker
2004	14-3-3	8-1	Brian Parker
Totals	135-69-10	35-11	11 Seasons

Note: Frostburg State joined the AMCC in 1997



Courtney McClelland (left) guided FSU to a 25-12 record in two seasons, while Carrie Lysik (right) led the Bobcats to a combined 39-22 overall mark, including a school-record 17-5 finish and the program's first-ever AMCC title and NCAA Tournament berth in 2001.

TEAM SINGLE-SEASON RECORDS

Wins	17 (17-5, 2001)
Consecutive Wins	8 (2004)
Consecutive Shutouts	5 (2004)
Goals Scored in a Game	12 (three times)
Goals Scored in a Season	88 (1996, 18 games)
Best Goals Against Average	0.67 (2004)
Fewest Goals Allowed in a Season	14 (2004)

INDIVIDUAL RECORDS

Goals	
Game	6, Karen Kotofski (2004)
Season	24, Karen Kotofski (2003)
Career	83, Karen Kotofski (2001-04)
Assists	
Game	4, Karen Taluskie (1996)
Season	14, Angie Weaver (1997)
Career	26, Beth Hlebasko (2002-present) & Karen Kotofski (2001-04)
Points	
Game	14 (6G, 2A), Karen Kotofski (2004)
Season	54, Karen Kotofski (2004)
Career	192, Karen Kotofski (2001-04)
Wins	
Season	17, Stephanie Zych (2001)
Career	48, Stephanie Zych (2000-03)
Saves	
Game	19, Stephanie Zych (2002)
Season	154, Jessica Richardson (1999)
Career	443, Stephanie Zych (2000-03)
Goals Against Average	
Season	0.83, Sharon Colantonio (1997) & Kelly Jones (2004)
Career	1.54, Stephanie Zych (2000-03)
Shutouts	
Season	10, Sharon Colantonio (1997)
Career	19, Stephanie Zych (2000-03)

REGIONAL ALL-AMERICANS

1998	Amy Foote (Mid-Atlantic Third Team)
2002	Karen Kotofski (Great Lakes Third Team)
2003	Karen Kotofski (Great Lakes First Team)
2004	Karen Kotofski (Great Lakes Second Team)

ACADEMIC ALL-AMERICANS

2002	Karen Kotofski (District II Second Team)
2003	Karen Kotofski (District II Second Team)
2004	Karen Kotofski (District II Second Team & ESPN Academic All-America First Team)



KAREN KOTOFSKI



THE BOBCAT COACH BUS



WEIGHT ROOMS



The **Harold J. Cordts Physical Education Center** is a state-of-the-art facility for health and physical education classes, intramural and intercollegiate competition and general use by the university community. This complex features an Olympic-size swimming pool with separate diving well; courts for racquetball, handball and squash; two gymnasiums, including a 3,600-seat arena; a climbing wall; weight rooms; and a dance studio.

The Cordts Center is fully equipped for archery, tennis, track and field, volleyball, gymnastics, soccer and other athletic activities. Offices, classrooms, a training room, lockers and showers are also located in the complex. Outdoor facilities include tennis courts, playing fields and Bobcat Stadium with its track and field facilities and all-weather track. In recent years, FSU's excellent facilities were chosen by the Wooten Basketball Camp, the April Heinrichs Soccer School and the Ripken Baseball Camp.

ABOUT FROSTBURG STATE UNIVERSITY

THE UNIVERSITY

Public, four-year undergraduate & graduate, liberal arts and sciences and professional studies

DEGREES

B.A., B.S., B.F.A., B.T.P.S.; M.A., M.B.A., M.Ed., M.S.

ENROLLMENT

4,300 undergraduate; 900 graduate

STUDENT/FACULTY RATIO

17:1; 85% of classes have fewer than 30 students

FACULTY

Full-time: 248
Part-time: 109
80% have doctorates or terminal degrees in their fields

ON-CAMPUS HOUSING

90% of new students live on campus
2,000 residence hall spaces

SPECIAL OPPORTUNITIES

Honors Program
Learning Communities
Internships
Study Abroad
K-12/Secondary Teaching Certification
Collaborative and Dual Degree Programs in Engineering with Univ. of Maryland, College Park
B.S. Physics/M.S. Applied Physics collaborative program with UMBC
Bachelor's/Juris Doctor Program with University of Baltimore School of Law
B.S. Accounting/M.B.A. combined program
Chemistry/Doctor of Pharmacy Dual Degree Program
Career Services
Credit by Examination-CLEP & Advanced Placement

2005-2006 EXPENSES*

In-State: \$12,748
Out-of-State: \$20,998
Contiguous Counties**: \$17,748
* Estimated undergraduate expenses for 2005-06; includes room, board, tuition & fees for one year
** Out-of-state discount for full-time students from the following counties in PA: Bedford, Franklin, Fulton and Somerset; in VA: Loudoun; and in WV: Berkeley, Grant, Hampshire, Jefferson, Mineral and Morgan.

MAJORS

Accounting
Art & Design
Athletic Training
Biology
Business Administration
Chemistry
Communication Studies
Computer Science
Criminal Justice
Dance
Early Childhood/Elementary Education
Earth Science
Economics
Electrical Engineering
Elementary Education
English
Environmental Analysis & Planning
Exercise & Sport Science

Foreign Languages & Literature
Geography
Health & Physical Education
Health Science Administration
History
Informational Technology Management
International Studies
Interpretive Biology & Natural History
Law & Society
Liberal Studies
Mass Communication
Mathematics
Mechanical Engineering
Music
Philosophy
Physics
Political Science
Psychology
Recreation & Parks Management
Social Science
Social Work
Sociology
Theatre
Urban & Regional Planning
Wildlife & Fisheries

PRE-PROFESSIONAL PROGRAMS

Dental Hygiene
Dentistry
Law
Medical Technology
Medicine
Nursing
Occupational Therapy
Optometry
Pharmacy
Physical Therapy
Veterinary Medicine

SCHOLARSHIPS

To be considered for scholarships, an applicant should request the Financial Aid and Scholarships brochure, which outlines the criteria for each award. The brochure also contains the Scholarship Rapid-App form that must be completed to be considered for these awards. This form, along with an essay and supporting documentation, if required, must be submitted to the Financial Aid Office by March 1.

FINANCIAL AID

To be considered for financial aid at FSU including need-based grants, loans and work study, applicants must complete the Free Application for Federal Student Aid (FAFSA) by no later than February 15 to meet the priority deadline of March 1. The FAFSA application is available through the Financial Aid Office at FSU, high school guidance offices or public libraries.

FOR MORE INFORMATION,

VISIT WWW.FROSTBURG.EDU

OR CALL (301) 687-4201

ABOUT FROSTBURG STATE ATHLETICS

FSU SPORTS FACTS

Nickname Bobcats
Colors Red, White & Black
Affiliation NCAA Division III
Conferences Atlantic Central Football (ACFC),
..... Allegheny Mountain Collegiate (AMCC),
..... Eastern College Athletic (ECAC)
..... & Mason-Dixon



FSU INTERCOLLEGIATE SPORTS

Men (9)
Baseball
Basketball
Cross Country
Football
Soccer
Swimming
Tennis
Track & Field (Indoor & Outdoor)

Women (11)
Basketball
Cross Country
Field Hockey
Lacrosse
Soccer
Softball
Swimming
Tennis
Track & Field (Indoor & Outdoor)
Volleyball

Co-Ed (1)
Golf

ATHLETIC DEPARTMENT STAFF DIRECTORY

Athletic Director	Ralph Brewer	687-4471
Assistant Athletic Director	Bernard Wynder	687-3138
Baseball/Associate Athletic Director	Chris McNight	687-4273
Men's Basketball	Webb Hatch	687-3093
Women's Basketball	Jody Pepple	687-4466
Cross Country (M & W)	Randy Lowe	687-4313
Field Hockey/Women's Lacrosse	Nicole Bonvouloir	687-4476
Football	Rubin Stevenson	687-4086
Golf (Co-Ed)	Rick Flowers	687-4468
Men's Soccer	Keith Byrnes	687-3072
Women's Soccer	Brian Parker	687-4356
Softball	Wes Landrum	687-3242
Sports Information Director	Chris Starke	687-4371
Swimming (M & W)	Troy Strieby	687-7021
Tennis (M & W)	Stuart Swink	687-4350
Track & Field (M & W)	Felix Moreno	687-7984
Women's Volleyball	Peter Letourneau	687-7014
Athletic Trainer	Tony Zaloga	687-4497
Equipment Manager	Rick Gray	687-4438
Administrative Assistant	Sandy Cannon	687-4462
Administrative Assistant	Crystal Satterfield	687-4455